

# MEAL PLANNING USING ASIAN DISHES

*Learn to shop effectively  
and create nutritious meals  
throughout the week!*

**TUESDAY, MAY 2, 1:30PM - 3:00PM**

**Presented by chef Adrian Chang**

**Zoom link:**

**[santarosa-edu.zoom.us/j/84661023507](https://santarosa-edu.zoom.us/j/84661023507)**



**APISA**  
ASIAN PACIFIC ISLANDER STAFF ASSOCIATION

**APASS**

*Celebrating AAPI Heritage Month*



**SANTA ROSA  
JUNIOR COLLEGE**